



## *Empty?* LifeTeam Discussion Guide

### **BOTTOM LINE**

If you're ever going to be happy in life you've got to learn to let it go - let go of your guilt to God and let go of your resentment against other people.

### **DISCUSSION QUESTIONS**

*Please ask the college students in your LT the following question and send me and Matt their replies. Thanks.*

What kind of event could our church do that you believe your friends would be most interested in attending with you? How often would you like to see us do something like that? Would you want the event to be for college students only or a mix of students and families?

- 1) Describe a time in your life when you felt like you were running on empty. How did you get to that point?
- 2) How did you refill, or how were you pulled out of that pit in your life?
- 3) What effects do guilt and resentment have on us and our relationships?
- 4) Read John 20:22-23. Describe a time when you've needed someone's forgiveness. Describe a time you freely gave forgiveness to someone else.
- 5) What is the difference between living with success and living with significance?
- 6) How should we approach God with our doubts? How should we approach Him with our beliefs?

### **WHAT WILL YOU DO?**

Will you give your doubts to God and believe?

### **PRAYING TOGETHER**

#### **This Week's Group Prayer Focus**

The college students as they begin their semester

All of the activities surrounding the 5th birthday of The Journey—September 12

Xceler8 and Ice Cream Festival activities on September 11.

### **CHANGING YOUR MIND**

#### **This Week's Group Focus Verse**

*"Again Jesus said, "Peace be with you! As My Father has sent Me, I'm now sending you."*

*John 20:21*